ACCUSPLIT
STOPWATCHES and PEDOMETERS

*It's all about performance…Yours.*ᔆᴹ *Since 1972*

ACCUSPLIT AX2710 Accelerometer Pedometer
INSTRUCTIONS

Congratulations on taking the first step to wellness with your purchase of an ACCUSPLIT Accelerometer pedometer. Just put the pedometer on, and start walking!
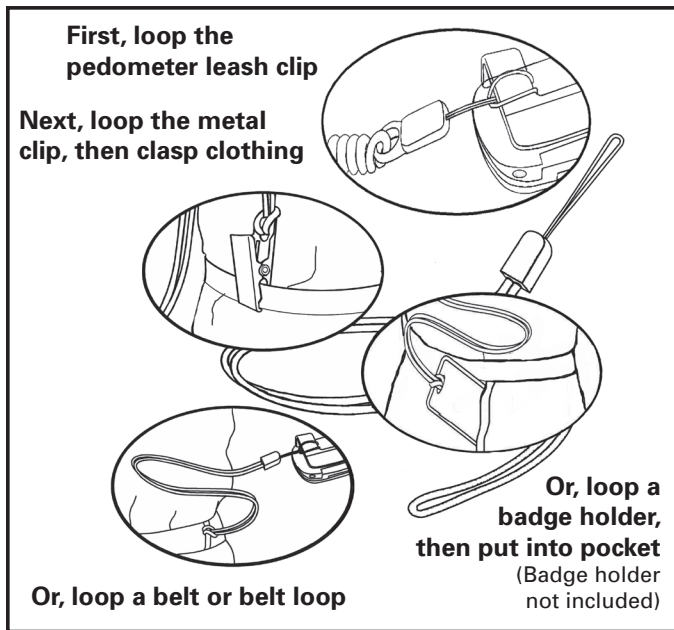
WEARING YOUR PEDOMETER
While gently holding the belt clip open, slide the pedometer onto your belt or the top edge of your pants or skirt. It should fit snugly and level, above one knee.

Note: Your accelerometer pedometer no longer needs to be as vertical as possible.
The cover should be closed to minimize objects hitting your pedometer. To avoid losing or dropping your pedometer, use the included leash and clip to fasten the pedometer securely to your clothing.

Attaching the Leash: Attach the pedometer to the leash by looping the leash through the pedometer clip. Next, loop the leash through the metal clip. Finally, clasp the waistband of your clothing with the metal clip. You can also use a safety pin to fasten the leash to your clothing, loop the leash through your belt or belt loop, or use a badge holder.

First, loop the pedometer leash clip

Next, loop the metal clip, then clasp clothing

Or, loop a badge holder, then put into pocket
(Badge holder not included)

Or, loop a belt or belt loop

*Eat Right! Walk More! Live Well!*
The ACCUSPLIT Lifestyle

POWER UP and DISPLAY ON
Power UP the display, initially, from its battery saving, factory set, "hibernate mode", by pressing a button for a second, until you see the display digits, then release the button.
Turn ON the display, from its battery saving "sleep mode" (which it enters after 5 minutes of no STEP counting) by moving your pedometer.

DISPLAY MODE
• step: STEP mode shows your step count since last reset, up to 100,000 steps.

White: RESET
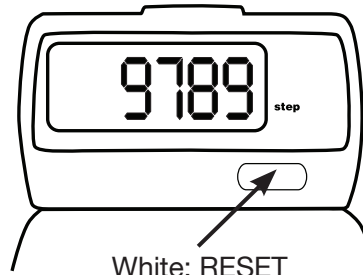
VIEWING YOUR RESULTS
Once you put on your pedometer with the cover closed, it will automatically begin to record your steps.

4-Second STEP DELAY FILTER
ACCUSPLIT has added a "4-second step delay filter" to reduce the counting of "false steps". When beginning walking, the display will not show any "tallying of new steps," until after 4 seconds of walking. Then, all the STEPS will be added to the display and new STEPS continue to be counted and displayed.

RESETTING YOUR PEDOMETER
Most people prefer to reset step counts daily. To reset: Press and hold the white RESET button for at least 2 seconds.

REPLACING THE BATTERY
When the display starts to dim or goes blank, it is time to replace the battery. Your pedometer uses one Type L1142 (LR43) 1.5 volt battery. To replace:

1. Insert a finger nail under the top right edge of the battery door to lift the door open and out of its slot.
2. Using a small "eye glasses" style screw driver, remove the holding screw.
3. Remove the old battery and insert the new battery, + side up.
4. Replace the holding screw.
5. Carefully replace the battery door, first inserting the tab into its slot, then carefully pushing the cover down until it snaps shut at the top edge.